



Group Dynamic

Leadership Workshop Outline

Pre-Workshop Activities

- Pick up nametags & materials
 - Respond to leadership questions on chart paper
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Session 1: Introduction to Leadership

- **Opening Story & Discussion** – Leadership moments are about choices, not titles
 - **Self-Assessment** – Rate leadership behaviors, discuss strengths & areas for growth
 - **The Three-Step Leadership Process Revealed – Build Relationships, Encourage Others, Ask for More**
 - **Anonymous Q&A** – Gather & upvote questions to address throughout the day
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Session 2: Build Relationships - know and be known

- **Opening Story & Discussion** – Relationships shape leadership success
 - **Explore the Four Levels of Maturity** – Selfish, Independent, Cooperative, Generous
 - **Identifying & Refining Leadership Behaviors** – Eliminate, Limit, Normalize, Systematize
 - **Avoiding Relationship Pitfalls** – Preventing trust-eroding missteps
 - **Tools for Building Relationships** – Listening, Check-ins, Encouragement
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LUNCH BREAK

Session 3: Encourage Others - let people know you're on their side

- **Opening Story & Discussion** – Encouragement drives growth

- **Three Types of Encouragement (One-on-One)**
 1. "I Believe You Can Do It" – Support when struggling
 2. "You're Doing It Right" – Acknowledge the basics
 3. "You're Doing It at a High Level" – Recognize exceptional effort
 - **Practice & Application**
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Session 4: Ask for More- make your high expectations clear

- **Opening Story & Discussion** – People rise to challenges
 - **BSAAFWYW – Be Specific and Ask for What You Want**
 - **Other Ways to Ask for More** – Beyond BSAAFWYW
 - **Handling Defensiveness** – Responding to pushback effectively
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Session 5: Real-World Application & Closing Reflection

- **Leadership Scenarios** – Small groups role-play real leadership challenges
- **School Group Reflection** – Action planning for implementation
- **Closing Story & Final Takeaways** – Leadership is about moments, choices, and action; and you are enough for the task!